

# YOTAM OTTOLENGHI S SAVORY GREEN PANCAKES WITH LIME BUTTER

## The Recipe

https://www.cuisinedaubery.com/recipe/green-pancakes/

Comforting pancakes, fluffy and delicious, for a perfect Mediterranean brunch, from one of my favorite chefs, Yotam Ottolenghi

Chef: Yotam Ottolenghi

Servings: 4

Preparation Time: 20 Minutes Cooking Time: 2 Minutes

Skill: Easy Level

Cuisine: Jewish Cuisine

Courses: Pancake, Brunch & Goûter, Vegetarian Dish,

## **Ingredients**

### For 3 servings

\*The Lime Butter

1/2 Cup Butter (113 grams)

1 Lime Zest

1 1/2 tablespoons of Lime Juice

1/4 teaspoon of Salt

1/2 teaspoon of White Pepper

1 tablespoon of Coriander leaves (cilantro)

1 Garlic Clove

1/4 teaspoon of Chile Flakes (Crushed red pepper)

\*The Pancakes

1/2lbs Spinach Leaves (227 grams)

2/3 Cup Flour (90 grams)

1 Tablespoon Baking Powder (12 grams)

1 Egg 2 Tablespoons or 50 grams

1/4 Cup Butter (57 grams)

1/2 teaspoon of Salt

1 teaspoon Cumin (2 grams)

2/3 Cup Milk (157 grams)

6 Green Onions ('Scallions')



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- 2 Green Chiles variety 'Anglet', or 'Anaheim'
- 2 Egg Whites 4 Tablespoons or 60 grams
- A small quantity of Olive Oil To cook the pancakes

### For 4 servings

- \*The Lime Butter
- 2/3 Cup Butter (150.6 grams)
- 1.3 Lime Zests
- 2 tablespoons of Lime Juice
- 0.3 teaspoon of Salt
- 0.6 teaspoon of White Pepper
- 1.3 tablespoons of Coriander leaves (cilantro)
- 1.3 Garlic Cloves
- 0.3 teaspoon of Chile Flakes (Crushed red pepper)
- \*The Pancakes
- 1/2lbs Spinach Leaves (227 grams)
- 3/4 Cup Flour (120 grams)
- 1 Tablespoon Baking Powder (16 grams)
- 1.3 Eggs 3 Tablespoons or 65 grams
- 1/3 Cup Butter (76 grams)
- 0.6 teaspoon of Salt
- 1 teaspoon Cumin (2.6 grams)
- 1 Cup Milk (209.3 grams)
- 8 Green Onions ('Scallions')
- 2.6 Green Chiles variety 'Anglet', or 'Anaheim'
- 2.6 Egg Whites 1/3 Cup or 78 grams
- A small quantity of Olive Oil To cook the pancakes

#### For 6 servings

- \*The Lime Butter
- 1 Cup Butter (226 grams)
- 2 Lime Zests
- 3 tablespoons of Lime Juice
- 1/2 teaspoon of Salt
- 1 teaspoon of White Pepper
- 2 tablespoons of Coriander leaves (cilantro)
- 2 Garlic Cloves
- 1/2 teaspoon of Chile Flakes (Crushed red pepper)
- \*The Pancakes
- 1/2lbs Spinach Leaves (227 grams)
- 1 1/4 Cup Flour (180 grams)



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- 2 Tablespoons Baking Powder (24 grams)
- 2 Eggs 1/4 Cup or 100 grams
- 1/2 Cup Butter (114 grams)
- 1 teaspoon of Salt
- 1 teaspoon Cumin (4 grams)
- 1 1/2 Cup Milk (314 grams)
- 12 Green Onions ('Scallions')
- 4 Green Chiles variety 'Anglet', or 'Anaheim'
- 4 Egg Whites 1/2 Cup or 120 grams

A small quantity of Olive Oil To cook the pancakes

### **Steps**

#### The Lime Butter

- 1. Place the Butter (1/2 Cup or 113 g) in a bowl. Let it soften at room temperature for 30 minutes or more
- 2. I recommend using organic Lime as we are going to use the zest
- 3. Wash the Lime
- 4. To grate the Lime Zest (1), my favorite zester tool is the "microplane"
- 5. Do not grate the fruit on the zester
- 6. Instead, grate the zester on the fruit, this will ensure you are not grating the white skin which is bitter
- 7. Grate the zest, and then squeeze the Lime Juice (1 1/2 tablespoons)
- 8. Dice and add 1 tablespoon into the bowl
- 9. Crush and add the Garlic Clove (1)
- 10. Add the Chile Flakes (Crushed red pepper) (1/4 teaspoon) unless you don't like spicy and hot chiles!
- 11. Combine in a bowl: The Butter (1/2 Cup or 113 g), The Lime Zest (1), The Lime Juice (1 1/2 tablespoons), The Salt (1/4 teaspoon), The White Pepper (1/2 teaspoon), The Coriander leaves (cilantro) (1 tablespoon), The Garlic Clove (1), The Chile Flakes (Crushed red pepper) (1/4 teaspoon)
- 12. Mix all this together
- 13. Tip onto plastic wrap
- 14. Twist the ends of the wrap to seal
- 15. Hold the ends, and roll to tighten: This is what you should get
- 16. Place in the refrigerator

#### **The Spinach Pancakes**

17. Wilt the Spinach Leaves (1/2lbs or 227 g) with a small quantity of water in a pan on high heat



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- 18. Drain the leaves
- 19. Squeeze hard on the leaves to remove as much water as possible (as you don't want your pancakes to turn soggy)
- 20. Even though Ottolenghi doesn't mention it, I transfer the leaves onto cold water (to preserve the color)
- 21. Roughly chop the Spinach Leaves with a knife
- 22. Melt the Butter (1/4 Cup or 57 g)
- 23. In a mixing bowl, place: the Flour (2/3 Cup or 90 g), the Baking Powder (1 Tablespoon or 12 g), The Egg (1), the Butter (1/4 Cup or 57 g), the Salt (1/2 teaspoon), the Cumin (1 teaspoon or 2 g), the Milk (2/3 Cup or 157 g)
- 24. Whisk together with a fork or with a wire whip
- 25. Dice the Green Onions ('Scallions') (6)
- 26. Ottolenghi recommends to use Green Chiles (2), which you can skip if you don't like hot spices
- 27. Open the Green Chiles and remove the seeds
- 28. Dice
- 29. Add into the bowl the Spinach Leaves (1/2lbs or 227 g), the Green Onions ('Scallions') (6) and the Green Chiles (2)
- 30. Gently mix
- 31. Whisk the Egg Whites (2): you don't want to over mix it, stop beating at the soft peak stage or you won't be able to incorporate it well into the batter
- 32. Add the Egg Whites (2) into the bowl
- 33. Gently fold the Egg Whites (2) into the batter, using a hand whisk and then a rubber spatula
- 34. Do not whisk !!

#### Cooking

- 35. You may use a frying pan or a griddle
- 36. Spray a splash of Olive Oil
- 37. You may use an ice cream scoop to get the same size across your pancakes and english muffin rings to shape them. To purchase online, see HERE
- 38. For the pancakes size: Yottolenghi mentions that pancakes should be about 2.75" (or 2 3/4" or 7 cm) in diameter and 0.39" (or 25/64" or 1 cm) thick.
- 39. Ladle the batter, press down
- 40. Shake the rings to form circles
- 41. Remove the rings right away and cook for about 2 minutes
- 42. Cook the other side for approximately 2 minutes
- 43. Set the pancakes aside
- 44. Slice the Lime Butter
- 45. Place a slice of lime butter on one of 3 pancakes
- 46. If the butter doesn't melt, heat the plate in the microwave