

WEIGHT OF A FRENCH PACK OF BAKING POWDER (SACHET DE LEVURE CHIMIQUE)

The Post

<https://cuisinedaubery.com/weight-baking-powder-sachet/>

Weight of a French pack of baking powder (sachet de levure chimique)

As you know, I usually indicate everything in grams and avoid measurements like "a glass of" or "a spoon of" because that's the easiest way to mess up a recipe... We all have different glasses and spoons. So, weighing in grams is the most accurate for me. A single gram matters in baking! That's why I also avoid measurements like "1 sachet/pack of baking powder," which many French chefs still use. In France, baking powder is typically sold in small packets ("sachets") rather than cans like in the U.S., which is why French recipes often call for "1 sachet."

As I prefer indicating the grams and avoid indicating "1 pack of baking powder", I sometimes receive comments like: "How much is that in a pack (sachet) of baking powder?" To answer once and for all, I decided to write this article!

Some existential questions, like this one, can truly change your life :-)

As proof, if you look at the quantities from different brands, you will see that the weight is not exactly the same from one brand to another: I found quantities ranging from 7 g (0.24 oz) to 11 g (0.38 oz)

Final word

So, to settle this existential question, I consider that the measurement "1 pack (sachet) of baking powder," often seen in some recipes, equals 11 g (0.38 oz)

To reach this conclusion, I noted that this is the quantity used by many brands, especially by the ALSA brand, which has been a bit of a reference point since my childhood