

# SPIRAL RASPBERRY TART

# The Recipe

https://www.cuisinedaubery.com/recipe/spiral-raspberry-tart/

A modern and delicious Raspberry Tart, with vanilla Cream. Everyone says: VOW and YUM

Skill: Intermediaire Level Cuisine: French Cuisine Courses: Dessert, Tart,

# **Ingredients**

### For a 7.87" (or 7 7/8" or 20 cm) in diameter tart

\*Tart Shell

2/3 Cup Creamed Sweetened Short Pastry (200 grams) For the recipe, see HERE

\*Almond Soft Sponge

1/3 Cup Butter (65 grams)

1 Tablespoon Sugar (20 grams)

3 Tablespoons Eggs (65 grams)

1/2 Cup Almond Flour (40 grams)

\*The mousse

1/4 lbs Whipped Ganache (100 grams) For the recipe, see HERE

1 Vanilla Bean

\*Raspberry Jelly

1 Tablespoon Water (20 grams)

1/2 Cup Raspberry purée (120 grams)

3 Tablespoons Sugar (40 grams)

0.14 oz Gelatin Sheets (4 grams)

\*Decoration

1/2 Cup Raspberries (100 grams)

### For a 6.69" (or 6 11/16" or 17 cm) in diameter tart

\*Tart Shell

1/2 Cup Creamed Sweetened Short Pastry (144.4 grams) For the recipe, see HERE

\*Almond Soft Sponge

3 Tablespoons Butter (46.9 grams)

1 Tablespoon Sugar (14.4 grams)

2 Tablespoons Eggs (46.9 grams)



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- 1/3 Cup Almond Flour (28.9 grams)
- \*The mousse
- 3 oz Whipped Ganache (72.2 grams) For the recipe, see HERE
- 0.7 Vanilla Bean
- \*Raspberry Jelly
- 1 Tablespoon Water (14.4 grams)
- 1/3 Cup Raspberry purée (86.6 grams)
- 2 Tablespoons Sugar (28.9 grams)
- 0.09 oz Gelatin Sheets (2.8 grams)
- \*Decoration
- 1/3 Cup Raspberries (72.2 grams)

# For a 8.66" (or 8 21/32" or 22 cm) in diameter tart

- \*Tart Shell
- 3/4 Cup Creamed Sweetened Short Pastry (242 grams) For the recipe, see HERE
- \*Almond Soft Sponge
- 1/3 Cup Butter (78.6 grams)
- 2 Tablespoons Sugar (24.2 grams)
- 3 Tablespoons Eggs (78.6 grams)
- 1/2 Cup Almond Flour (48.4 grams)
- \*The mousse
- 1/4 lbs Whipped Ganache (121 grams) For the recipe, see HERE
- 1.2 Vanilla Beans
- \*Raspberry Jelly
- 2 Tablespoons Water (24.2 grams)
- 2/3 Cup Raspberry purée (145.2 grams)
- 3 Tablespoons Sugar (48.4 grams)
- 0.16 oz Gelatin Sheets (4.8 grams)
- \*Decoration
- 1/2 Cup Raspberries (121 grams)

# **Steps**

#### Tart shell

- 1. Let's start with the Creamed Sweetened Short Pastry (2/3 Cup or 200 g):
- 2. The recipe is HERE
- 3. I told you that the final weight is 2/3 Cup or 200 g, but plan to make more as it will be more convenient to roll out
- 4. I recommend to wrap this dough airtight and store in the fridge for at least 2 hours
- 5. Take the shortcrust dough out of the fridge, remove the plastic wrap



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- 6. Then roll out, and line a pastry ring or a mold
- 7. Cool down in fridge for 2 hours
- 8. I showed you how to line and blind bake, HERE
- 9. I recommend using a perforated silicone mat, for better results: To purchase online, see HERE

### The soft sponge

- 10. Add into a mixing bowl the Butter (1/3 Cup or 65 g)
- 11. Add in the Sugar (1 Tablespoon or 20 g) and stir with a whisk
- 12. Add in the Eggs (3 Tablespoons or 65 g)
- 13. Mix
- 14. Add in the Almond Flour (1/2 Cup or 40 g) and mix

### First Baking

- 15. We are going to bake in 2 steps, to avoid the sponge to soak the crust
- 16. Bake in preheated oven at 340 F / 170 C for 5 minutes
- 17. Remove from the oven
- 18. Pour in the batter, using an offset Icing Spatula

### **Second Baking**

- 19. Bake in preheated oven at 340 F / 170 C for 10 minutes
- 20. Remove from the oven and cool down at room temperature
- 21. Store in the fridge for at least 2 hours
- 22. Remove the pastry ring and scrape the side with a microplane
- 23. You may also soak with Syrup, optionally
- 24. Keep in the fridge

#### The whipped ganache

- 25. Let's start with the Whipped Ganache (1/4 lbs or 100 g):
- 26. The recipe is HERE
- 27. Also scrape the seeds of the Vanilla Bean (1) and add into the hot milk
- 28. I told you that the final weight is 1/4 lbs or 100 g, but plan more, as it will be more convenient to whip
- 29. Once made, wrap airtight, and keep in the fridge for at least 2 hours
- 30. Once done and completely cooled down (a few hours), whip the Whipped Ganache (1/4 lbs or 100 g)
- 31. Pour onto the tart
- 32. Spread
- 33. Store in the fridge

### The Raspberry Jelly

- 34. We are going to make a jelly, rather than a jam, as a jam (confit) is more difficult to unmold than a jelly
- 35. Bloom the Gelatin Sheets (0.14 oz or 4 g) in cold water
- 36. You may mix Raspberries ou buy the Raspberry purée (1/2 Cup or 120 g) (sold frozen in

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### supermarkets)

- 37. In a mixing bowl, mix the Raspberry purée (1/2 Cup or 120 g), the Water (1 Tablespoon or 20 g) and the Sugar (3 Tablespoons or 40 g)
- 38. Warm in a micro-wave or in a saucepan
- 39. Remove the gelatin from the water and squeeze
- 40. Add into the hot liquid
- 41. Stir
- 42. For the molds, there are several options
- 43. "Silikomart Tourbillon100 Silicone Mold": To purchase online, see HERE
- 44. "Pavoni "Top Ipnosi" 6″3" : To purchase online, see HERE
- 45. I prefer the mold from PAVONI, 6.29" (or 6 19/64" or 16 cm) in diameter
- 46. To purchase online, see HERE
- 47. Pour the liquid into the mold
- 48. Freeze for at least 3 hours

### **Assembling**

- 49. Remove the tart from the fridge
- 50. Remove the mold from the freezer
- 51. Do not pull the jelly from the mold, it may break!
- 52. Instead, flip the mold, and pull the mold away from the jelly
- 53. Center the frozen jelly onto the tart
- 54. Store in fridge
- 55. Split the Raspberries (1/2 Cup or 100 g): Buy fresh raspberries, avoid frozen ones that would turn soggy and ugly
- 56. Lay them around the tart
- 57. Store in the fridge for at least 2 hours