

PIERRE HERMÉ S VANILLA CRÈME BRÛLÉE

The Recipe

https://cuisinedaubery.com/recipe/vanilla-creme-brulee/

Pierre Hermé reveals a great recipe to master a delicious vanilla crème brulée

Chef: Pierre Hermé Preparation Time: 20 Minutes Cooking Time: 50 Minutes Ready in: 2 H Skill: Intermediaire Level Cuisine: French Cuisine Courses: Crème Brulée, Plated Dessert, Dessert,

Ingredients

For 8 ramequins (3.93" (or 3 15/16" or 10 cm) in diameter) or 12 ramequins (3.14" (or 3 5/32" or 8 cm) in diameter)

5 Vanilla Beans 2 1/4 Cups Milk (500 grams) 2 1/4 Cups Cream (500 grams) 9 Egg Yolks 3/4 Cup or 180 grams 3/4 Cup Sugar (180 grams) *Caramel 1/2 Cup Light Brown Sugar (100 grams)

Double : For 16 ramequins (3.93" (or 3 15/16" or 10 cm) in diameter) or 25 ramequins (3.14" (or 3 5/32" or 8 cm) in diameter) 10 Vanilla Beans

4 1/2 Cups Milk (1 kilogram)
4 1/2 Cups Cream (1 kilogram)
18 Egg Yolks 1 1/2 Cup or 360 grams
1 1/2 Cup Sugar (360 grams)
*Caramel
1 Cup Light Brown Sugar (200 grams)

For 6 ramequins (3.93" (or 3 15/16" or 10 cm) in diameter) or 9 ramequins (3.14" (or 3 5/32" or 8 cm) in diameter)

3.7 Vanilla Beans



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1 2/3 Cup Milk (375 grams) 1 2/3 Cup Cream (375 grams) 6.7 Egg Yolks 1/2 Cup or 134 grams 1/2 Cup Sugar (135 grams) *Caramel 1/3 Cup Light Brown Sugar (75 grams)

Half : For 4 ramequins (3.93" (or 3 15/16" or 10 cm) in diameter) or 6 ramequins (3.14" (or 3 5/32" or 8 cm) in diameter)

- 2.5 Vanilla Beans
- 1 Cup Milk (250 grams)
- 1 Cup Cream (250 grams)
- 4.5 Egg Yolks 1/3 Cup or 90 grams
- 1/2 Cup Sugar (90 grams)
- *Caramel
- 4 Tablespoons Light Brown Sugar (50 grams)

Steps

1. Scrape the seeds loose from the Vanilla Beans (5), using the point or edge of a knife

2. In a small, heavy saucepan, pour the Milk (2 1/4 Cups or 500 g), the Cream (2 1/4 Cups or 500 g) and Vanilla Beans (5) seeds

- 3. I know you may be tempted to use Vanilla Extract but I do NOT recommend it : The taste will not be as close to heaven as if you used Vanilla Beans. You will stay on earth... far from heaven
- 4. Now, if you can't use Vanilla Beans for any reason, the only alternative that I would recommend is Vanilla Paste, which contains the seeds
- 5. To purchase online, see HERE
- 6. Heat the saucepan on medium heat
- 7. Keep on stirring with a rubber spatula to prevent the cream to cook
- 8. Bring to a boil
- 9. Hermé says to remove from heat and to wait 30 minutes to let the vanilla infuse
- 10. I like to cover with plastic wrap
- 11. Whisk together the Egg Yolks (9) and the Sugar (3/4 Cup or 180 g) until smooth
- 12. After 30 minutes, it's time to remove the Vanilla Pods
- 13. Pour the liquid onto the the Egg Yolks (9) and the Sugar (3/4 Cup or 180 g) mixture
- 14. Whisk constantly
- 15. For the next steps It's easier to use a measuring cup with spout
- 16. The best dishes for creme brulées are terra cotta ramekins
- 17. Pour in the mixture
- 18. Place the ramekins on an oven-proof tray



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Baking

19. Place in the oven and bake at 305 F / 150 C

20. While it?s baking, shake one ramekin and check the center : let them bake until they are barely softly set (almost liquid)

- 21. Here, shaking the ramequin reveals that the cream is still too liquid...
- 22. Keep on baking ...
- 23. Another check...
- 24. Here, shaking the ramequin reveals that the cream is set, not shaking anymore
- 25. It's time to remove from the oven (in my case, I need to bake for 50 minutes to one hour)

Cooling down

- 26. Let the ramequins cool down at room temperature
- 27. Place the ramekins in the fridge to cool completely for at least 2 hours
- 28. This can even be done overnight without affecting the texture

Ready to serve?

29. Remove from the fridge right when it's ready to be served...

Caramelizing

- 30. You will need a torch which is the best method
- 31. Otherwise, you can use the broiler of your oven

32. Spread evenly some Light Brown Sugar, evenly on the top of each ramekin, using a spoon or a strainer

33. Heat with a kitchen blowtorch until the sugar caramelizes evenly

34. The contrast between the cold custard and the warm caramel is what makes this dessert so irresistible !

Suggestions to improve this recipe...

Some suggestions for next time...

- One suggestion would be to use Vanilla Sugar instead of regular Sugar