

LEANIER HEALTHIER CRISPIER OVEN-BAKED FRENCH FRIES

The Recipe

<https://www.cuisinedaubery.com/recipe/oven-baked-fries/>

A 2 stages recipe for delicious, crispier, more lean, oven-baked fries

Skill: Easy Level

Cuisine: French Cuisine

Courses: Main Dish,

Ingredients

For 2 servings

2 1/4 lbs Potatoes (1 kilogram) Russet or Yukon

1/2 Cup Canola Oil (100 grams)

2 teaspoons Salt (12 grams)

2 tablespoons of Garlic powder

For 3 servings

3 lbs 5 oz Potatoes (1.5 kilograms) Russet or Yukon

3/4 Cup Canola Oil (150 grams)

1 Tablespoon Salt (18 grams)

3 tablespoons of Garlic powder

For 4 servings

4 lbs 7 oz Potatoes (2 kilograms) Russet or Yukon

1 Cup Canola Oil (200 grams)

1 Tablespoon Salt (24 grams)

4 tablespoons of Garlic powder

For 6 servings

6 lbs 10 oz Potatoes (3 kilograms) Russet or Yukon

1 1/2 Cup Canola Oil (300 grams)

2 Tablespoons Salt (36 grams)

6 tablespoons of Garlic powder

Steps

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Here's the recipe video: