

## **EASY MEXICAN CHICKEN TACOS**

# The Recipe

https://www.cuisinedaubery.com/recipe/easy-mexican-chicken-tacos/

An easy and delicious recipe of Chicken Tacos

Preparation Time: 10 Minutes

Cooking Time: 3 Minutes

Yield: 10 tacos Skill: Easy Level

Cuisine: Mexican Cuisine

Courses: Main Dish, Taco, Meat,

# Ingredients

### For 10 Tacos

10 Corn Tortillas -OR- Flour Tortillas For the Corn Tortillas, see HERE.For the Flour Tortillas, see ICI.

11 oz Chicken (300 grams)

3/4 Cup Diced Chiles (190 grams)

1/2 teaspoon of Cumin

1/4 teaspoon of Chile Powder

1 pinch of Salt

1 pinch of Pepper

\*Garniture

1 Plum Tomatoe

1/2 Avocado

1 tablespoon of Coriander leaves (cilantro)

1/4 Onion

A small quantity of Mexican Queso Fresco

### For 6 Tacos

6 Corn Tortillas -OR- Flour Tortillas For the Corn Tortillas, see HERE.For the Flour Tortillas, see ICI.

6 oz Chicken (180 grams)

1/2 Cup Diced Chiles (114 grams)

0.3 teaspoon of Cumin

0.1 teaspoon of Chile Powder

1 pinch of Salt



## **EASY MEXICAN CHICKEN TACOS**

- 1 pinch of Pepper
- \*Garniture
- 0.6 Plum Tomatoe
- 0.3 Avocado
- 0.6 tablespoon of Coriander leaves (cilantro)
- 0.1 Onion

A small quantity of Mexican Queso Fresco

### For 16 Tacos

16 Corn Tortillas -OR- Flour Tortillas For the Corn Tortillas, see HERE.For the Flour Tortillas, see ICI.

- 1 lbs 1 oz Chicken (480 grams)
- 1 1/4 Cup Diced Chiles (304 grams)
- 0.8 teaspoon of Cumin
- 0.4 teaspoon of Chile Powder
- 1 pinch of Salt
- 1 pinch of Pepper
- \*Garniture
- 1.6 Plum Tomatoes
- 0.8 Avocado
- 1.6 tablespoons of Coriander leaves (cilantro)
- 0.4 Onion

A small quantity of Mexican Queso Fresco

### For 20 Tacos

20 Corn Tortillas -OR- Flour Tortillas For the Corn Tortillas, see HERE.For the Flour Tortillas, see ICI.

- 1 lbs 5 oz Chicken (600 grams)
- 1 1/2 Cup Diced Chiles (380 grams)
- 1 teaspoon of Cumin
- 1/2 teaspoon of Chile Powder
- 1 pinch of Salt
- 1 pinch of Pepper
- \*Garniture
- 2 Plum Tomatoes
- 1 Avocado
- 2 tablespoons of Coriander leaves (cilantro)
- 1/2 Onion

A small quantity of Mexican Queso Fresco

# **Steps**

### Cuisine d'Aubéry



## **EASY MEXICAN CHICKEN TACOS**

- 1. You need Mexican Tortillas
- 2. You can find those in your supermarket, or make them... HERE

### The Chicken

- 3. Dice the Chicken (11 oz or 300 g)
- 4. Cook the chicken with a bit of canola oil
- 5. Pour in the Diced Chiles (3/4 Cup or 190 g). You may find those in cans
- 6. Season with Cumin (1/2 teaspoon), Chile Powder (1/4 teaspoon), Salt (1 pinch), Pepper (1 pinch). Cook stirring occasionally, until the liquid has evaporated. Do not overcook the chicken, as it must stay tender

To assemble the Tortillas, this taco holder proved to be really convenient! To purchase online, see HERE

## Assembling the tacos

- 7. Spoon the Chicken and Diced Chiles first
- 8. Add the diced Onion (1/4)

### The Tomatoes

- 9. To dice the Plum Tomatoe (1), I start by seeding and cutting the core away from the tomatoes
- 10. Then dice the remaining parts
- 11. Add the diced Plum Tomatoe
- 12. Then add the diced l'Avocado (1/2)
- 13. Add the Coriander leaves (cilantro) (1 tablespoon)

### The Queso Fresco

- 14. Mexican Queso Fresco can be found easily in the states nowadays
- 15. Grate the Mexican Queso Fresco