

# BLIND BAKING A TART SHELL, PROFESSIONAL METHOD

## The Recipe

<https://cuisinedaubery.com/recipe/blind-baking/>

Professional method to blind bake a tart shell

Preparation Time: 30 Minutes

Cooking Time: 15 Minutes

Skill: Intermediaire Level

Cuisine: French Cuisine

Courses: Base,

## Ingredients

### **For a 10.62" (or 10 5/8" or 27 cm) in diameter tart**

1 lbs 5 oz Sweet Shortcrust Pastry (590 grams) For the recipes, see [HERE](#)

\*To make the crust shiny

1/4 Cup Egg Yolks (66 grams)

1 Tablespoon Cream (18 grams)

### **For a 9.44" (or 9 29/64" or 24 cm) in diameter tart**

1 lbs Sweet Shortcrust Pastry (466.1 grams) For the recipes, see [HERE](#)

\*To make the crust shiny

3 Tablespoons Egg Yolks (52.1 grams)

1 Tablespoon Cream (14.2 grams)

### **For a 8.66" (or 8 21/32" or 22 cm) in diameter tart**

14 oz Sweet Shortcrust Pastry (391.7 grams) For the recipes, see [HERE](#)

\*To make the crust shiny

3 Tablespoons Egg Yolks (43.8 grams)

2 teaspoons Cream (11.9 grams)

### **For a 7.87" (or 7 7/8" or 20 cm) in diameter tart**

3/4lbs Sweet Shortcrust Pastry (323.7 grams) For the recipes, see [HERE](#)

\*To make the crust shiny

2 Tablespoons Egg Yolks (36.2 grams)

2 teaspoons Cream (9.8 grams)

## Steps

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Here's the recipe video: